



Z-CAN Staff Training Agenda

9:15-9:55 Registration and Refreshments

10:00-10:15 Welcome and Introductions, Brief Overview of Z-CAN

10:15-11:15 Main Session

Client centered contraceptive counseling, evidence-based contraceptive provision (MEC and SPR resources), and contraception management including education about same-day provision, anticipated side effects.

11:15-11:30 Break

11:30-12:30 Didactic session: Client-centered contraception counseling

12:30-1:30 Lunch

1:30-3:00 Overview of Z-CAN Policies and Procedures

3:00-3:25 Question-and-Answer Session

3:25-3:30 Closing and Adjournment



Postpartum (PP) Family Planning Training Agenda

Date	
8:00am – 9:00am	Welcome, Introductions and Expectations
9:00am - 9:30am	Knowledge Assessment
9:30am – 10:30am	PP Long Acting Reversible Contraception Presentation
10:30am – 10:45am	Break
10:45am – 11:15am	Insertion Video and Demonstration
11:15am – 12:00pm	MEC and Clinical Assessment for PP LARC
12:00pm – 12:30pm	PP LARC Counseling and Role Play
12:30pm – 1:00pm	Box Lunch
1:00pm – 2:00pm	Practice on Models (Groups of 4)
2:00pm – 2:30pm PP	LARC Side Effects, Complications, Follow Up
2:30pm – 3:30pm	Knowledge Assessment (Posttest) and Clinical Skill Assessments
3:30pm – 4:00pm	Systems Barriers to LARC Provision
4:00pm – 4:30pm	Review of Z-CAN Documentation