

6.1G ONLINE SURVEY FOR Z-CAN PATIENTS (6-AND 12-MONTH FOLLOW-UP)

6.1 EXAMPLE OF ONLINE SURVEY FOR Z-CAN PHYSICIANS

Welcome! The purpose of this survey is to learn about the experiences of Z-CAN physicians with the Z-CAN program and collect suggestions for program improvement. There are no right or wrong answers and participation is voluntary. The survey should take approximately 15 minutes to complete. All information will be kept confidential. Thank you!

English Version No.	Spanish Version No.	Questions	Coding	Skip to No.
1	2	How many years has it been since you completed residency?	Less than 5 years 1 5-14 years 2 15-24 years 3 25 years of more 4	
2	3	On average, about how many female patients of reproductive age do you currently see per week?	_____ female patients of reproductive age	
3	4	To approximately what percent of all your female patients of reproductive age do you provide family planning services?	1-24% 1 25-49% 2 50-74% 3 75% or more 4	
4	5	Have you been trained in IUD insertion for women immediately postpartum?	No 1 Yes 2	
The following questions focus on the implementation of the Z-CAN program in your clinic.				
5	6	As part of the Z-CAN program, which contraceptive methods do you provide on-site in your clinic(s)? 1. Hormonal IUD (Mirena, Skyla, Liletta) 2. Copper IUD (ParaGard) 3. Implant (Nexplanon) 4. Contraceptive injection (DepoProvera/DMPA) 5. Birth control pills 6. Contraceptive ring (Nuvaring) 7. Contraceptive patch (Xulane) 8. Condoms 9. Other _____	No 1 Yes 2 <i>Note - in the online survey, these questions will be formatted as a table</i>	

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6	7	<p>Since starting to provide Z-CAN services, how often are you able to provide these contraceptive methods on the same day that a patient requests it?</p> <ol style="list-style-type: none"> 1. Hormonal IUD 2. Copper IUD 3. Implant 4. Contraceptive injection 5. Birth control pills 6. Contraceptive ring 7. Contraceptive patch 8. Condoms 	<p>Never 1 Rarely 2 Sometimes 3 Very often 4 Always 5</p>	
7	8	<p>How long do you typically spend with a patient conducting patient-centered contraceptive counseling as part of the Z-CAN program?</p>	<p>Less than 5 minutes 1 5-10 minutes 2 11-20 minutes 3 More than 20 minutes 4 A clinic staff member provides patient-centered contraceptive counseling 5 My clinic does not provide patient-centered contraceptive counseling 6</p>	
8	9	<p>Have any of your Z-CAN patients had to provide out-of-pocket payment for the contraceptive method they received?</p>	<p>No 1 Yes 2</p>	
9	10	<p>Have any of your Z-CAN patients had to provide out-of-pocket payment for a Z-CAN service (contraceptive counseling, IUD or implant insertion or removal)?</p>	<p>No 1 Yes 2</p>	
10	11	<p>In the past 60 days, has your clinic(s) been able to consistently maintain a supply of all reversible contraceptive methods on-site (e.g. IUD, implant, injectables, pills, patch, ring, condoms)?</p>	<p>No 1 Yes 2 Not sure 3</p>	<p>2 ▶ 13 3 ▶ 12</p>

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11	12	For which method(s) has your clinic(s) NOT been able to consistently maintain an on-site supply? (check all that apply)	Hormonal IUD 1 Copper IUD 2 Implant 3 Contraceptive injection 4 Birth control pills 5 Contraceptive ring 6 Contraceptive patch 7 Condoms 8	
12	13	Before starting to provide Z-CAN services, how often did you insert or provide contraception to postpartum women before hospital discharge?	Never 1 Rarely 2 Sometimes 3 Very often 4 Always 5	1 ► 14
13	14	Before starting to provide Z-CAN services, which method(s) were you able to consistently insert or provide to postpartum women before hospital discharge? (check all that apply).	Hormonal IUD 1 Copper IUD 2 Implant 3 Contraceptive injection 4 Progestin-only birth control pills 5 Condoms 6	
14	15	Since starting to provide Z-CAN services, how often do you insert or provide contraception to postpartum women before hospital discharge?	Never 1 Rarely 2 Sometimes 3 Very often 4 Always 5	1 ► 16
15	16	Since starting to provide Z-CAN services, which method(s) have you been able to consistently insert or provide to postpartum women before hospital discharge? (check all that apply)	Hormonal IUD 1 Copper IUD 2 Implant 3 Contraceptive injection 4 Progestin-only birth control pills 5 Condoms 6	

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16	17	How satisfied are you with the following components of the Z-CAN program? a. Training b. Z-CAN toolkit c. Z-CAN promotion/community outreach d. On-going support e. Product re-ordering f. Overall program	Very dissatisfied 1 Dissatisfied 2 Neutral 3 Satisfied 4 Very Satisfied 5	
17	18	Some Z-CAN physicians receive reimbursement from the Z-CAN program for providing contraceptive services. If your activities as a physician qualify you for reimbursement from the Z-CAN program, how satisfied are you with: a. Timeliness of reimbursements after your initial reimbursement b. Amount of reimbursement	Very dissatisfied 1 Dissatisfied 2 Neutral 3 Satisfied 4 Very Satisfied 5 Not applicable, I don't receive reimbursement from Z-CAN 6	
18	19	If you have had questions about an aspect of the Z-CAN program, were you able to have your questions answered by Z-CAN program staff in a timely manner?	No 1 Yes 2 Not applicable 3	
The following questions ask about your practices and opinions related to providing contraception.				
19	20	How safe do you consider the hormonal IUD to be for these groups of female patients: 1. Adolescents? 2. Women <48 hours postpartum? 3. Women with a history of a sexually transmitted disease? 4. Nulliparous women?)	Safe 1 Unsafe 2 Don't know 3	
20	21	How safe do you consider the copper IUD to be for these groups of female patients: 1. Adolescents? 2. Women <48 hours postpartum? 3. Women with a history of a sexually transmitted disease? 4. Nulliparous women?)	Safe 1 Unsafe 2 Don't know 3	

English Version No.	Spanish Version No.	Questions	Coding	Skip to No.
21	22	How safe do you consider the implant to be for these groups of female patients: 1. Adolescents? 2. Women < 3 weeks postpartum 3. Women with hypertension? 4. Women with a history of deep venous thrombosis or pulmonary embolism?	Very dissatisfied 1 Dissatisfied 2 Neutral 3 Satisfied 4 Very Satisfied 5	
22	23	How safe do you consider the Combined hormonal contraceptives (pills, patch, ring) to be for these groups of female patients: 1. Adolescents? 2. Women < 3 weeks postpartum 3. Women with hypertension? 4. Women with a history of deep venous thrombosis or pulmonary embolism?	Very dissatisfied 1 Dissatisfied 2 Neutral 3 Satisfied 4 Very Satisfied 5	
23	24	For each of the following contraceptive methods, how safe do you think it is to start a woman on the day of her visit regardless of the timing of her menses if you are reasonably certain she is not pregnant? a. Intrauterine devices (hormonal IUD or copper IUD) b. Implant c. Contraceptive injection d. Combined hormonal contraceptives (pills, patch, ring)	Very dissatisfied 1 Dissatisfied 2 Neutral 3 Satisfied 4 Very Satisfied 5	
24	25	State whether you think the following statements are true or false. a. The IUD and implant are the most effective forms of reversible contraception. b. IUDs can be inserted immediately after a woman gives birth. c. Patients must have a chlamydia test within the past three months for an IUD insertion. d. Patients must have a Pap smear within the past year for an IUD insertion. e. In an IUD user with pelvic inflammatory disease who is clinically well, the IUD should be removed	True 1 False 2	

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25	26	<p>When discussing family planning with your Z-CAN patients, how often do you do the following?</p> <ol style="list-style-type: none"> Assess the patient’s reproductive life plan (i.e., asked about her intentions regarding the number and timing of pregnancies in the context of her personal values and life goals) Discuss all contraceptive methods Use an informed consent for insertion of IUD or implants Inform women who choose an IUD or implant how they can have their device removed Discuss condom use to prevent sexually transmitted diseases Discuss the risks associated with Zika virus infection during pregnancy 	<p>Never 1 Rarely 2 Sometimes 3 Very often 4 Always 5</p>	
26	27-32	<p>When initiating the following contraceptive methods, please indicate if you or your practice(s) require these exams and tests for a healthy patient</p> <ol style="list-style-type: none"> Hormonal IUD Copper IUD Implant Contraceptive injection Progestin-only birth control pills Combined hormonal birth control pills, contraceptive ring or contraceptive patch 	<p>Pregnancy test No 1 Yes 2 Blood pressure measurement No 1 Yes 2 Clinical breast exam No 1 Yes 2 Bimanual exam and cervical inspection No 1 Yes 2 Cervical cytology (Pap smear) No 1 Yes 2 Chlamydia/ gonorrhea screening No 1 Yes 2</p>	
27	33	<p>How confident are you in the following skills:</p> <ol style="list-style-type: none"> IUD insertion IUD removal Implant insertion Implant removal Patient-centered contraceptive counseling 	<p>No confidence 1 Slight confidence 2 Moderate confidence 3 High confidence 4</p>	

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28	34	Do you routinely use ultrasound to: 1. Assist with IUD insertion? 2. Verify IUD placement after insertion?	No Yes	1 2	
29	35	Do you agree or disagree with this statement: Contraception is a key strategy to prevent Zika-related pregnancy complications among women who want to delay or avoid pregnancy.	Strongly disagree Disagree Neutral Agree Strongly agree	1 2 3 4 5	
30	36	When you see a woman of reproductive age who wishes to delay or avoid pregnancy, how often do you discuss the following Zika prevention methods with her? 1. Avoiding mosquito bites 2. Contraception 3. Condom use	Never Rarely Sometimes Very often Always	1 2 3 4 5	
31	37	How important to you are the following sources for staying informed about recommended clinical practices related to contraception? 1. Z-CAN provider updates (e.g., Z-CAN website, Z-CAN weekly newsletter, Z-CAN webinars) 2. Conferences, in-person meetings 3. Online continuing education activities 4. Discussions with colleagues 5. Clinic practice protocols 6. Journals 7. Online clinical resource for physicians (e.g., Up to Date, Epocrates) 8. Professional organization publications or notifications (e.g., ACOG, others) 9. Centers for Disease Control and Prevention (US Medical Eligibility Criteria for Contraceptive Use, US Selected Practice Recommendations) 10. Other (please specify):	Very important Somewhat important Not important	1 2 3	
32	38	Do you have any other comments or suggestions to improve the Z-CAN program?			